

Adelaide Sinclair

Read the [Adelaide Sinclair article](https://valourcanada.ca/military-history-library/adelaide-sinclair) on Valour Canada's military history library online (<https://valourcanada.ca/military-history-library/adelaide-sinclair>) and answer the following questions.



For young learners (Grades 4 to 7)

1. Adelaide Sinclair was the first Canadian woman to earn which rank in the Royal Canadian Navy.
2. How did the Second World War dramatically change the roles of men and women? Why were these changes important?
3. Sketch a flow chart that shows the progression of Adelaide Sinclair's education and career from the early 1920s to the 1980s. Include the degrees she obtained and prominent positions she held.
4. List five questions that you would like to ask Adelaide Sinclair about her education and/or her experiences in the Navy and the public sector.

For advanced learners (Grade 8 and up)

5. Create an outline for a position paper arguing whether Adelaide Sinclair should be considered one of the most monumental Canadians of the twentieth century. What evidence would you use to support your argument? Be sure to use primary and secondary source material.
6. Research the historical context of women at the turn of the twentieth century. What were women expected to do in society and in the home? Did these expectations change throughout the 1900s? How did Adelaide Sinclair defy these expectations?